Discussion questions – The Push

1. The Push is about a group of new parents who meet at an ante-natal group and are quite competitive with each other. Have you ever experienced rivalry like this within a group of friends?
2. Alison feels as if women without kids are being pitted against those who have them – would you agree this is sometimes an issue?
3. Jax’s partner Aaron is considerably younger than her. Do you think this is more of an issue when the woman is older than the man?
4. Kelly sadly loses her baby before the end of the group. What do you think the other mums should have done in this situation? Was she right to go to the party anyway?
5. Did Nina have the right to interfere in the lives of the group members, if she thought it was for their own good?
6. Monica is obsessed with her image and will do anything to protect it. Do you think that Instagram and social media make this attitude more common?
7. Is Jax right to feel some guilt about what happened with Mark and Claudia Jarvis? Should she have told Aaron about it?
8. Most members of the baby group are hiding something. Which of the group members do you think has the worst secret?
9. Who did you find to be the most sympathetic character in the book? And the least?
10. Who is really to blame for Nina’s death, morally if not legally? Her own family? Jax? Chloe? Nina herself?